

Combination therapy with AT1 blocker and vitamin D analog markedly ameliorates diabetic nephropathy: Blockade of compensatory renin increase

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The renin–angiotensin system (RAS) plays a critical role in the development of diabetic nephropathy, and blockade of the RAS is currently used for treatment of diabetic nephropathy. One major problem for the current RAS inhibitors is the compensatory renin increase, which reduces the efficacy of RAS inhibition. We have shown that vitamin D exerts renoprotective actions by transcriptionally suppressing renin. Here we demonstrated that combination therapy with an AT1 receptor blocker and a vitamin D analog markedly ameliorated renal injury in the streptozotocin (STZ)-induced diabetes model due to the blockade of the compensatory renin rise by the vitamin D analog, leading to more effective RAS inhibition. STZ-treated diabetic DBA/2J mice developed progressive albuminuria and glomerulosclerosis within 13 weeks, accompanied by increased intrarenal production of angiotensin (Ang) II, fibronectin, TGF- β , and MCP-1 and decreased expression of slit diaphragm proteins. Treatment of the diabetic mice with losartan or paricalcitol (19-nor-1,25-dihydroxyvitamin D₂, an activated vitamin D analog) alone moderately ameliorated kidney injury; however, combined treatment with losartan and paricalcitol completely prevented albuminuria, restored glomerular filtration barrier structure, and markedly reduced glomerulosclerosis. The combined treatment suppressed the induction of fibronectin, TGF- β , and MCP-1 and reversed the decline of slit diaphragm proteins nephrin, Neph-1, ZO-1, and α -actinin-4. These were accompanied by blockade of intrarenal renin and Ang II accumulation induced by hyperglycemia and losartan. These data demonstrate that inhibition of the RAS with combination of vitamin D analogs and RAS inhibitors effectively prevents renal injury in diabetic nephropathy.

albuminuria | glomerulosclerosis | renin–angiotensin system

Diabetic nephropathy is the most common renal complication that often leads to end-stage kidney disease and high mortality (1). Previous studies have suggested the renin–angiotensin system (RAS) as a major mediator of progressive renal injury in diabetic nephropathy. Drugs targeting the RAS including angiotensin (Ang)-converting enzyme inhibitors (ACEIs) and Ang II type 1 receptor blockers (ARBs) have been shown to reduce the progression of glomerulosclerosis, tubulointerstitial fibrosis, and proteinuria (2–6). The systemic components of the RAS are actually down-regulated in diabetic mellitus (7), whereas renal interstitial Ang II levels are estimated to be 1,000-fold higher than in the plasma (8); therefore, intrarenal RAS is thought to play the major damaging role. In fact, all components of the RAS are present within the kidney (9). Cells in the kidney are able to synthesize renin, prorenin/renin receptor (10), angiotensinogen, and Ang II receptors independent of the systemic RAS (11), making the kidney capable of maintaining a high level of intrarenal Ang II. Intrarenal renin and angiotensinogen levels are induced in diabetic animals (12, 13), and high glucose has been shown to stimulate renin and Ang II synthesis in mesangial cells and podocytes (14–16). Intrarenal Ang II exerts multiple effects on the kidney that promote the progression of renal injury; these include an increase in glomerular capillary pressure, induction of profibrotic and proinflammatory

cytokine production, promotion of immune cell infiltration, stimulation of cell proliferation and hypertrophy, up-regulation of extracellular matrix (ECM) synthesis, and damaging of podocytes (17–19).

1,25-Dihydroxyvitamin D₃ [1,25(OH)₂D₃], the hormonal form of vitamin D, is a negative endocrine regulator of the RAS (20). 1,25(OH)₂D₃ suppresses renin biosynthesis (21), and null mutant mice lacking the vitamin D receptor (VDR) gene develop hyperreninemia, high blood pressure, and cardiac hypertrophy (22–24). Our recent studies showed that in diabetic state VDR-null mice developed more severe nephropathy than wild-type mice (25), suggesting that vitamin D plays a protective role against hyperglycemia-induced renal injury by regulation of the RAS. However, whether vitamin D or vitamin D analogs have therapeutic effects in intervention or prevention of diabetic nephropathy remains to be tested.

Although RAS inhibitors, including ACEIs and ARBs, are widely used in the therapy of renal and cardiovascular diseases, the major problem of these drugs is the compensatory renin rise due to the disruption of the feedback inhibition of renin production (26). The increase in renin activity stimulates the conversion of Ang I and ultimately Ang II, which largely limits the efficacy of RAS inhibition (27, 28). The increased renin can also act through the prorenin/renin receptor (10), which may cause renal and cardiovascular damages independent of Ang II (29). Given that low-calcemic vitamin D analogs are able to inhibit renin expression in animals (30, 31), we reasoned that combining vitamin D analogs with RAS inhibitors to suppress the reactive renin increase should generate better therapeutic effects (32). To test this concept, in the current study we treated a mouse model of diabetic nephropathy with a combination of losartan and paricalcitol. Paricalcitol (19-nor-1,25-dihydroxyvitamin D₂) is an activated vitamin D analog and activates VDR with a high affinity, and we used paricalcitol because it suppresses renin expression in mice with the same potency as calcitriol but without induction of hypercalcemia (31). Our data demonstrated that the combination of an ARB and a vitamin D analog markedly ameliorated renal injury because of more effective inhibition of the RAS within the kidney.

Results

We selected DBA/2J mice in this study because this strain has been shown to be more susceptible to hyperglycemia-induced renal

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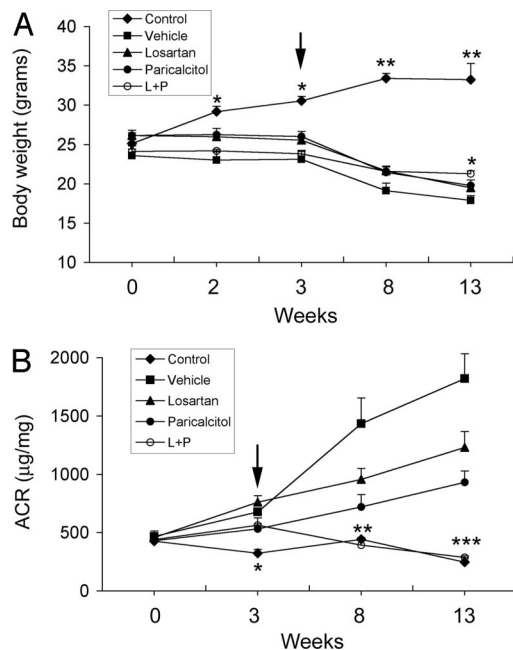


Fig. 1. Effect of the drug treatments on body weight and development of albuminuria in STZ-induced diabetic mice. Eight-week-old DBA/2J mice were injected i.p. with 40 mg/kg STZ for five consecutive days in the first week (week 0). Two weeks after STZ injection (week 3), the mice were treated with vehicle (V), losartan (L, 0.025 mg/ml), paricalcitol (P, 0.4 μg/kg), or losartan and paricalcitol (L+P), and their body weight and urinary albumin levels were monitored for up to 13 weeks. Control (C) mice are nondiabetic mice without STZ injection or any treatment. (A) Body weight curves. *, $P < 0.05$; **, $P < 0.01$ (vs. V). (B) Urinary ACR. Note the dramatic inhibition of albuminuria in the L+P group. The arrows indicate the start of the drug treatment. *, $P < 0.05$ (C vs. other groups); **, $P < 0.01$ (C and L+P vs. V); ***, $P < 0.001$ (C and L+P vs. V). $n = 4-6$.

injury compared with other strains in the streptozotocin (STZ)-induced diabetes model (33, 34). Two weeks after STZ treatment we randomized the mice into four groups and treated them respectively with vehicle, losartan (0.025 mg/ml), paricalcitol (0.4 μg/kg), or a losartan and paricalcitol combination (L+P) for 10

weeks, with nondiabetic mice receiving no treatment as the negative control. Blood glucose levels in all diabetic groups rose to >500 mg/dl 2 weeks after STZ treatment; the high glucose levels persisted during the 13-week period and were not significantly affected by the drug treatments [supporting information (SI) Table S1]. As expected, in contrast to the nondiabetic mice, all STZ-treated diabetic mice failed to gain weight during the 13 weeks; however, L+P treatment appeared to maintain the mouse body weight significantly better than other treatments (Fig. 1A). As shown in Fig. 1B, the vehicle-treated diabetic mice developed time-dependent, progressive albuminuria, with the urinary albumin-to-creatinine ratio (ACR) increased almost 4-fold at week 13. Losartan or paricalcitol treatment moderately ameliorated the development of albuminuria. Most striking, however, is the complete prevention of albuminuria by L+P treatment; the ACR was basically indistinguishable from the negative control after 5 weeks or 10 weeks of L+P treatment (Fig. 1B). Consistently, plasma creatinine levels were elevated in vehicle-treated mice, which were significantly reduced by L+P treatment (Fig. S1). Therefore, combination therapy with an ARB and a vitamin D analog markedly prevents the development of proteinuria in diabetic animals.

Podocyte injury plays a key role in the development of albuminuria in diabetic nephropathy (17). To explore the mechanism underlying the prevention of proteinuria, we examined the structure of glomerular filtration barrier by electron microscopy. As shown in Fig. 2, normal morphology of the glomerular basement membrane (GBM) and podocyte foot processes were seen in the nondiabetic control mice (Fig. 2A). As expected, chronic hyperglycemia caused a marked increase in GBM thickness and severe foot process effacement in vehicle-treated mice (Fig. 2B and F), consistent with the dramatic albuminuria observed in these mice (Fig. 1B). Although both losartan and paricalcitol treatment moderately reduced the increase of GBM thickness and foot process effacement (Fig. 2C, D, and F), it was the L+P treatment that basically prevented the thickening of GBM and the development of effacement (Fig. 2E and F).

The slit diaphragm is the key structure that controls protein filtration through the glomerular filtration barrier (35). We showed previously that decrease of nephrin, a key structural protein of the slit diaphragm, was associated with the severe proteinuria in diabetic VDR-null mice, whereas podocin, another slit diaphragm protein, was not affected in the mutant mice (25). We therefore

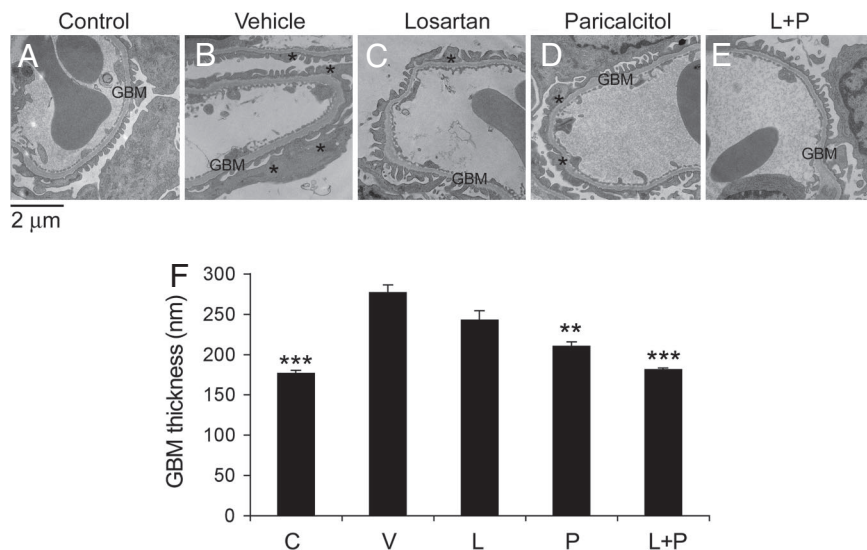
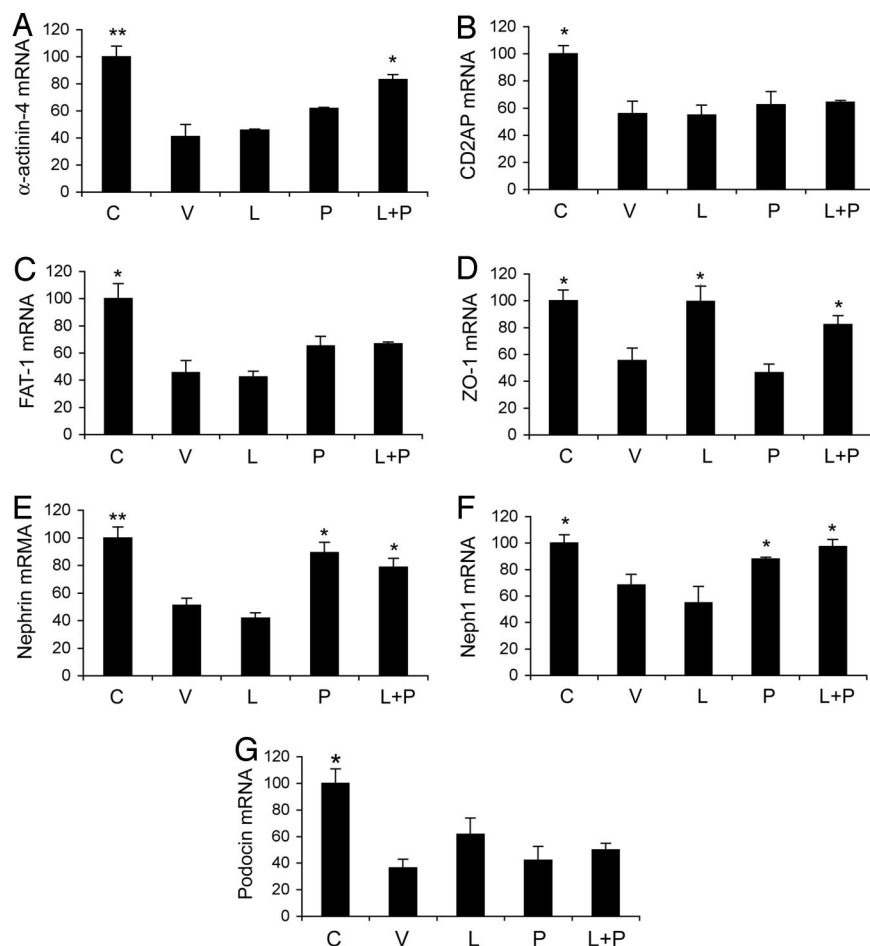


Fig. 2. Transmission electron microscopy of the GBM. Kidney samples from nondiabetic control mice (A) and diabetic mice treated with vehicle (B), losartan (C), paricalcitol (D), and L+P (E) were subject to electron microscopic analyses. Stars indicate the areas of podocyte foot process effacement. (F) Quantification of the thickness of the GBM from these groups as indicated. *, $P < 0.01$; ***, $P < 0.001$ (vs. V).



quantified the expression of the key structural proteins forming the slit diaphragm by real-time RT-PCR. As shown in Fig. 3, compared with the nondiabetic control, the mRNA levels of α -actinin-4, CD2AP, FAT-1, ZO-1, nephrin, Neph-1, and podocin were all reduced in vehicle-treated diabetic mice (Fig. 3). All drug treatments had no effect on the decline of CD2AP, FAT-1, and podocin; however, L+P treatment almost restored the expression of α -actinin-4, ZO-1, nephrin, and Neph-1 (Fig. 3). The changes in nephrin and podocin are consistent with our early observations in VDR-null mice (25).

Histological examination of the kidney revealed increased glomerulosclerosis in vehicle-treated diabetic mice (Fig. 4B) relative to nondiabetic mice (Fig. 4A) at week 13, with increased ECM accumulation in the mesangium. Losartan (Fig. 4C), paricalcitol (Fig. 4D), or L+P (Fig. 4E) all reduced glomerular sclerosis. Semiquantitative scoring of glomerulosclerosis in the kidney sections confirmed the highest score in vehicle-treated mice and the significant reduction of the score in L+P-treated mice (Fig. 4K). Consistently, the expression of fibronectin (FN), one of the major ECM proteins, was markedly induced in vehicle-treated mice (Fig. 4G) compared with the nondiabetic control (Fig. 4F), as determined by immunostaining (Fig. 4F–J), quantitative PCR (Fig. 4L), and Western blotting (Fig. 4M and N); the drug treatments, particularly L+P treatment (Fig. 4J), mostly prevented the induction of FN at both the mRNA and protein levels in the diabetic mice (Fig. 4L–N).

TGF- β plays a major role in the development of glomerulosclerosis, and MCP-1 recruits monocytes/macrophages into the kidney to initiate inflammation that leads to renal injury. As expected, compared with control mice, vehicle-treated diabetic mice showed elevation of TGF- β and MCP-1 in the kidney, and the induction of these factors was almost completely suppressed by L+P treatment (Fig. S2), consistent with the improved glomerular and proteinuric phenotypes in the cotreated mice.

It is well known that hyperglycemia induces the intrarenal RAS, leading to accumulation of Ang II in the kidney and causing renal injury (16, 19, 25, 36). To determine whether L+P treatment more effectively suppressed the activation of the RAS, we determined intrarenal Ang II levels at week 13. Immunostaining showed that hyperglycemia markedly induced Ang II accumulation within the glomerular and renal tubular regions (Fig. 5 *B* and *G*); as expected, losartan treatment further enhanced the Ang II levels in both regions (Fig. 5 *C* and *H*) because of the compensatory increase of renin (Fig. 5 *M* and *N*). These observations were confirmed by Western blot analysis of the kidney lysates (Fig. 5 *K* and *L*). Interestingly, L+P treatment basically eliminated the accumulation of Ang II induced by hyperglycemia or by losartan treatment, revealed by immunostaining (Fig. 5 *E* and *J*) as well as by Western blotting (Fig. 5 *K* and *L*). Consistently, and as expected, Western blotting and quantitative PCR showed that paricalcitol drastically suppressed renin expression in the kidney (Fig. 5*N*), whereas L+P treatment markedly attenuated the renin increase induced by losartan at both the protein (Fig. 5*M*) and mRNA (Fig. 5*N*).

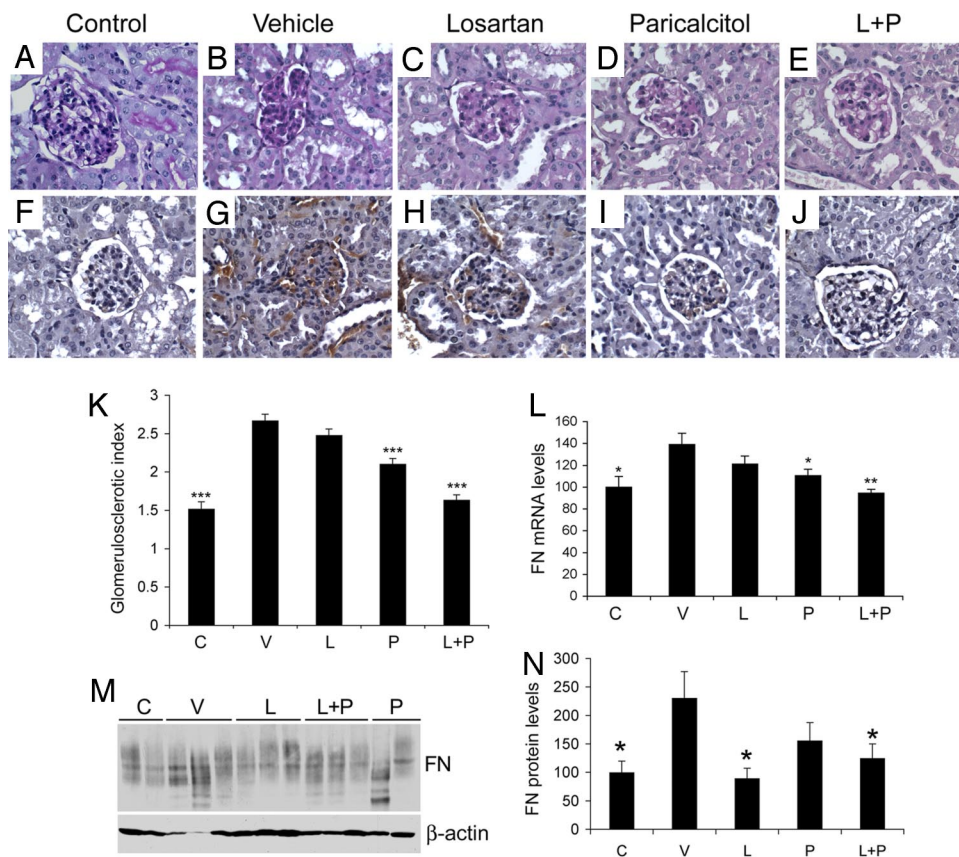


Fig. 4. Effect of the treatments on the development of glomerulosclerosis. Nondiabetic control and the four treatment groups of diabetic mice were killed 13 weeks after STZ treatment, and the kidneys were harvested for histological and immunohistological analyses. (A–E) Representative glomerular morphology of nondiabetic control (A) and diabetic mice treated with vehicle (B), losartan (C), paricalcitol (D), or L+P (E). The sections were stained with periodic acid-Schiff (PAS). (F–J) Fibronectin expression determined by immunostaining. Representative glomerular sections from nondiabetic control (F) and diabetic mice treated with vehicle (G), losartan (H), paricalcitol (I), or L+P (J) were immunostained with anti-fibronectin antibody. (K) Semiquantitative glomerulosclerotic scores of nondiabetic control (C) and diabetic mice treated with vehicle (V), losartan (L), paricalcitol (P), or L+P. (L) Real-time RT-PCR quantification of fibronectin mRNA levels in the kidney of all treatment groups as indicated. (M) Western blot analyses of fibronectin protein levels in kidney lysates from all treatment groups as indicated. (N) Densitometric quantification of fibronectin protein levels based on Western blot data. *, $P < 0.05$; **, $P < 0.01$; ***, $P < 0.001$ (vs. V).

compare L and L+P levels. The inhibition of renin increase and Ang II accumulation in the kidney is most likely the basis for the effective prevention of renal injury by the combination therapy.

Discussion

Diabetic nephropathy is a long-term complication of diabetic mellitus, and effective blockade of the progression of nephropathy remains a medical challenge. Because activation of the RAS in the kidney is a major mediator of renal injuries in diabetic nephropathy (12, 19), small-molecule inhibitors targeting the RAS (namely ACEIs and ARBs) are currently used for treatment of diabetic nephropathy (37). This therapy is based on the theory that blocking the RAS reduces the intraglomerular pressure and thus proteinuria; however, inhibition of the RAS also ameliorates blood pressure-independent renal injury caused by Ang II (38). The STZ-induced diabetic model is not a hypertensive model; therefore, the therapeutic effects seen in this study are blood pressure-independent. The efficacy of the RAS-targeting drugs is often compromised by the reactive renin increase caused by disruption of the renin feedback inhibition (26, 32). This clinical problem is not solved even with the use of the new renin inhibitor aliskiren (39), which blocks the enzymatic activity but not the production of renin. Patients treated with aliskiren had plasma immunoreactive renin increased to a level higher than that when valsartan (an ARB) was used (39). High renin buildup increases the risk of Ang II-dependent and -independent organ damages. The finding that $1,25(\text{OH})_2\text{D}_3$ represses renin gene transcription (21, 24) provides a good basis to use vitamin D analogs for the suppression of the compensatory renin increase because the analogs directly inhibit renin biosynthesis. Based on this principle, here we demonstrated that combination therapy with an ARB and a vitamin D analog very effectively blocks the development of diabetic nephropathy in a type 1 diabetes mellitus animal model as a result of effective inhibition of renin and Ang II production within the kidney. This finding has impor-

tant implications for new therapeutic intervention of diabetic nephropathy.

Proteinuria and glomerulosclerosis are the pathological hallmarks of diabetic nephropathy (40). The most profound effect of the combination therapy is the complete prevention of albuminuria in the diabetic mice without a significant change of the blood glucose. Microalbuminuria is a major risk factor for progressive renal function decline in diabetic nephropathy (41) and is thought to be the first step in an inevitable progression to proteinuria and renal failure (42, 43). Thus, reduction of albuminuria is a major target for renoprotective therapy in both type 1 and type 2 diabetes. Clinical studies have demonstrated that ACEIs and ARBs can reduce albuminuria in diabetic patients; however, not all patients respond to the treatment (44), in many cases because of incomplete blockade of the RAS. Vitamin D also has antiproteinuric activity. An early study showed that $1,25(\text{OH})_2\text{D}_3$ treatment significantly decreased albuminuria and podocyte hypertrophy in subtotal nephrectomized rats (45). Paricalcitol therapy was also reported to reduce proteinuria in CKD patients (46); however, the mechanism is unclear. In the present study we demonstrated that losartan or paricalcitol alone moderately reduced albuminuria in diabetic mice; interestingly, losartan and paricalcitol appeared to act synergistically, and their combination completely blocked the development of albuminuria. Consistently, the combination therapy completely normalized the structure of the glomerular filtration barrier, preventing GBM thickening and podocyte effacement. At the molecular level, the development of albuminuria was associated with a reduction of the majority of the proteins that form the slit diaphragm. The disturbance in the expression of these proteins likely plays an important role in the pathogenesis of the proteinuric nephropathy. Although losartan or paricalcitol alone can partially restore the expression of some of these proteins, in comparison, their combination restored more proteins (α -actinin-4, ZO-1, nephrin, and Neph-1) to higher levels, consistent with the much better

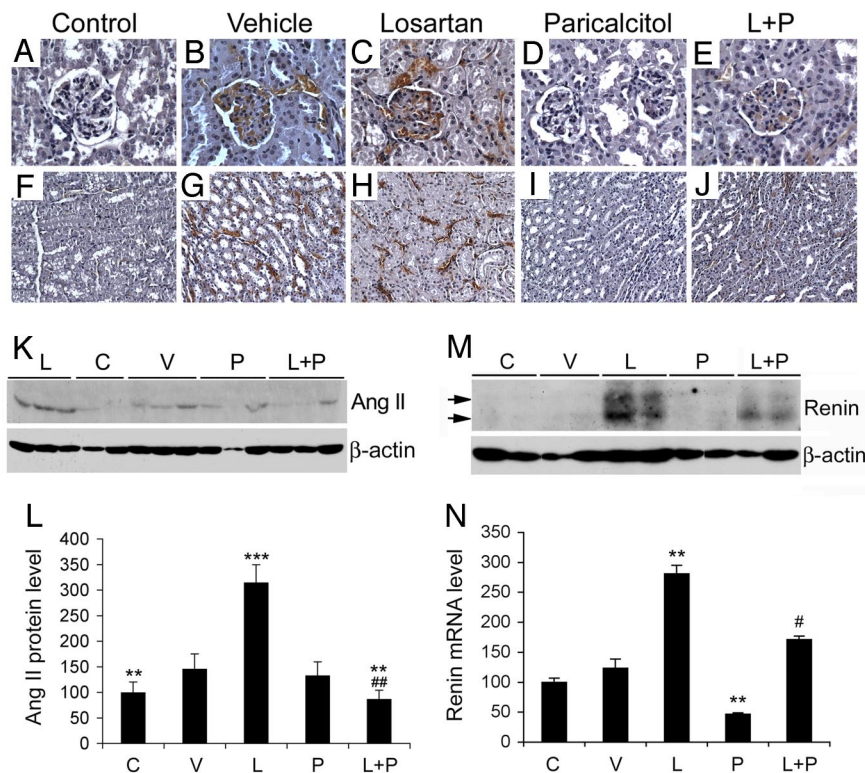


Fig. 5. Effect of the drug treatments on intrarenal Ang II and renin production. (A–J) Immunostaining of kidney in glomerular (A–E) and tubular (F–J) areas with Ang II-specific antibody. Nondiabetic control mice (A and F) and diabetic mice treated with vehicle (B and G), losartan (C and H), paricalcitol (D and I), or L+P (E and J) were killed at week 13. (K) Western blot analyses of intrarenal Ang II levels in nondiabetic control mice (C) and diabetic mice treated with vehicle (V), losartan (L), paricalcitol (P), or L+P. (L) Densitometric quantification of Ang II levels in control and treated group is as indicated. (M) Western blot analysis of renin protein levels in kidney lysates from nondiabetic control mice (C) and diabetic mice treated with vehicle (V), losartan (L), paricalcitol (P), or L+P. The arrows indicate the prorenin and renin bands. (N) Real-time RT-PCR quantification of renin mRNA levels in the kidneys of these mice. **, $P < 0.01$; ***, $P < 0.001$ (vs. V); #, $P < 0.05$; ##, $P < 0.01$ (vs. L). $n = 3$ –5.

antiproteinuric effect. In previous studies, blocking the RAS was shown to normalize nephrin expression (47, 48), and vitamin D can up-regulate nephrin expression in podocytes (49). Together, these data clearly indicate that the podocytes are a major target of the RAS and vitamin D in renoprotection.

The combination of losartan and paricalcitol also reduced glomerulosclerosis in the diabetic mice, which was accompanied by suppression of fibronectin induction at both mRNA and protein levels. The blockade of TGF- β and MCP-1 induction by the combination therapy is in part the upstream molecular events that lead to the reduction of glomerulosclerosis. TGF- β is a major profibrotic factor that plays a key role in glomerulosclerosis in diabetes. Monocyte/macrophage infiltration into the kidney, stimulated by MCP-1 produced from kidney cells in diabetic state, promotes kidney fibrosis and renal injury through secretion of inflammatory cytokines. Although vitamin D alone can directly suppress the high-glucose induction of TGF- β and MCP-1 in mesangial cells (50), this study showed that cotreatment with losartan and paricalcitol achieved better inhibition of these cytokines *in vivo*. Because TGF- β and MCP-1 are up-regulated by Ang II, the suppression of these factors by the cotreatment is likely mediated by the blockade of Ang II accumulation (Fig. 5).

The molecular basis underlying the impressive antiproteinuric and antisclerotic effects of the combination therapy is the blockade of RAS activation within the kidney. Our data demonstrate that the intrarenal accumulation of Ang II was associated with the development of albuminuria and glomerulosclerosis in the vehicle-treated diabetic mice. Ang II promotes nephropathy through multiple pathways, such as stimulating TGF- β and ECM protein production (51), increasing glomerular permeability, down-regulating slit diaphragm proteins, and inducing podocyte injury

(17). Consistent with the compensatory renin increase theory, losartan treatment dramatically increased renin as well as Ang II levels in the kidney; however, the induction of renin and Ang II was markedly attenuated in the losartan and paricalcitol cotreatment group (Fig. 5). Therefore, in the combination therapy, paricalcitol blocks the increase in renin and thus Ang II, losartan antagonizes the actions of the already reduced Ang II by blocking the AT1 receptor, and the reduction in renin minimizes the Ang II-independent activation of prorenin/renin receptor (10), which may also cause renal damage (52). Together these actions of the combination therapy lead to an effective prevention of the development of diabetic nephropathy. Given the multiple functionalities of vitamin D, however, the renoprotective effect of paricalcitol may not be limited to the regulation of the RAS (53).

This is the first demonstration that vitamin D analogs can be used to block the compensatory renin increase in a combination therapy with RAS inhibitors. The promising therapeutic effects of the combination seen in diabetic mice provide insight into the pharmacological intervention of diabetic nephropathy. However, given the limitation of animal models, whether this therapeutic strategy also works in humans requires further clinical investigations.

Methods

Animals and Treatment. Eight-week-old male DBA/2J mice (The Jackson Laboratory) were induced to diabetes by i.p. injection of freshly prepared streptozotocin (STZ, dissolved in 10 mM citrate buffer, pH 4.2) at 40 mg/kg for five consecutive days. Two weeks after STZ injection, the mice were randomly separated into four groups and treated respectively with vehicle (V) (i.p. injection three times per week), paricalcitol (P) at 0.4 μ g/kg (dissolved in propylene glycol:ethanol = 90:10, i.p. injection three times per week), losartan (L) (dissolved in drinking water at 0.025 mg/ml), or a combination of losartan and paricalcitol (L+P). Control (C) mice were nondiabetic mice without STZ or any

drug treatment. Blood glucose levels were monitored with the CONTOUR blood glucose monitoring system (Bayer) using one drop of tail blood. Spot urine was collected at various time points, and urinary albumin and creatinine levels were determined by using commercial kits as reported previously (25). All mice were killed at 13 weeks after the start of STZ treatment, and kidneys were immediately harvested for protein or RNA extraction or for histological analyses. The animal study protocol was approved by the Institutional Animal Care and Use Committee at the University of Chicago.

Western Blot. Western blot analyses were performed as described previously (54). Antibodies against FN and β -actin were from Sigma, antibody against Ang I/Ang II was from Santa Cruz Biotechnology, and anti-renin antibody was described previously (24).

Real-Time RT-PCR. First-strand cDNAs were synthesized from 4 μ g of total RNAs in a 20- μ l reaction using MML-V reverse transcriptase (Invitrogen) and hexanucleotide random primers. Real-time PCR was performed in an Applied Biosystems 7900 Real Time PCR System as described (25). The relative mRNA amount was normalized to the β 2 microglobulin mRNA. The PCR primers used in this study are listed in Table S2.

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